Fall Retreat Info and Packing List – November 10th to 12th

Departure – Meet behind Friendship Hall at 5:00pm on Friday, November 10th. We'll try to be on the road by 5:30pm.

Return – We'll be returning to the church at 1:00pm on Sunday, November 12th. Watch your cell phone for arrival updates.

Schedule Highlights:

<u>Friday</u>

5:00pm – Meet at church. (Back parking lot)
7:30pm – Arrive at Camp and Move In
8:00pm – Late Dinner
Evening Activities and Worship: "Rooted – PLANT"
11:00pm – Lights Out

<u>Saturday</u>

7:30am – Breakfast and Quiet Time: "Rooted – GROW"
9:00am – Team Building Activities
12:30pm – Lunch
5:30pm – Dinner
Evening Activities and Worship: "Rooted – PRUNE"
11:00pm – Lights Out

<u>Sunday</u>

8:30am – Breakfast Morning Worship – "Rooted – HARVEST" 11:00am – Depart for FRC 1:00pm – Arrive at FRC

Camp and Contact Info:

Spruce Lake Retreat Center 5389 Rt. 447, Canadensis, PA 18325 (570) 595-7505

<u>Emergency Contact:</u> Dave Sippel – (863) 510-9341

Packing List:

- Bible and Pen
- Water Bottle
- Flashlight
- Sleeping Bag and Pillow
- Athletic Shoes (No Open Toes)
- Comfortable Clothing for Saturday and Sunday (Prepare for Cool Weather)
- Pajamas
- Rain Jacket and Hoodie
- Soap, Shampoo, Toothbrush, Toothpaste, Deodorant, etc.
- □ Glasses, Contacts, Solution
- Medication (Give to Dave with Instructions)
- Snacks (Give to Dave for group use)
- Towel and Shower Shoes
- Spending Money is not essential
- Please leave Cell Phones at home

